

KEY STAGE 2 PE KEY ASSESSMENT OVERVIEW

YEAR 3

Games	I can throw and catch with control.
	I am aware of space and use it to support team-mates and to cause problems for the opposition.
	I know and use rules fairly.
Gymnastics	I can adapt sequences to suit different types of apparatus and criteria.
	I can explain how strength and suppleness affect performance.
	I can compare and contrast gymnastic sequences.
Dance	I can improvise freely and translate ideas from a stimulus into a movement.
	I can share and create phrases with a partner and small group.
	I can repeat, remember and perform phrases.
Athletics	I can run at fast, medium and slow speeds; changing speed and direction.
	I can take part in a relay, remembering when to run and what to do.
Outdoor and adventurous	I can follow a map in a familiar context.
	I can use clues to follow a route.
	I can follow a route safely.

YEAR 4

Games	I can catch with one hand.
	I can throw and catch accurately.
	I can hit a ball accurately with control.
	I can keep possession of the ball.
	I can vary tactics and adapt skills depending on what is happening in a game.
Gymnastics	I can work in a controlled way.
	I can include a change of speed and direction.
	I can include a range of shapes.

	I can work with a partner to create, repeat and improve a sequence with at least three phases.
Dance	I can take the lead when working with a partner or group.
	I can use dance to communicate an idea.
Athletics	I can run over a long distance.
	I can sprint over a short distance.
	I can throw in different ways.
	I can hit a target.
Outdoor and adventurous	I can jump in different ways.
	I can follow a map in a (more demanding) familiar context.
	I can follow a route within a time limit.

YEAR 5

Games	I can gain possession by working as part of a team.
	I can pass in different ways.
	I can use forehand and backhand with a racket.
	I can field.
	I can choose a tactic for defending and attacking.
	I can use a number of techniques to pass, dribble and shoot.
Gymnastics	I can make complex extended sequences.
	I can combine action, balance and shape.
	I can perform consistently to different audiences.
Dance	I can compose my own dances in a creative way.
	I can perform to an accompaniment.
	My dance shows clarity, fluency, accuracy and consistency.
Athletics	I am controlled when taking off and landing.
	I can throw with accuracy.
	I can combine running and jumping.

Outdoor and adventurous	I can follow a map in an unknown location.
	I can use clues and a compass to navigate a route.
	I can change my route to overcome a problem.
	I can use new information to change my route.

YEAR 6

Games	I can play to agreed rules.
	I can explain rules.
	I can umpire.
	I can make a team and communicate a plan.
	I can lead others in a game situation.
Gymnastics	I can combine my own work with that of others.
	I can link sequences to specific timings.
Dance	I can develop sequences in a specific style.
	I can choose my own music and style.
Athletics	I can demonstrate stamina.
Outdoor and adventurous	I can plan a route and a series of clues for someone else.
	I can plan with others taking account of safety and danger.