

WEEK 2

MEATY OPTION

VEGGIE OPTION

LIGHT OPTION

SIDES

DESSERT

MON

BEEF BURGER
IN SOFT BUN

H,G

LIGHTLY
SPICED
MOROCCAN
CAULIFLOWER
WRAP

G,H,V,VE

JACKET
POTATO WITH
TUNA
MAYONNAISE &
FRESH SALAD

F,E,H

HOMEMADE
POTATO
WEDGES

FRESH SALAD

MARBLE
SPONGE AND
FRESH
CUSTARD

D,E,G,H

TUE

MEATBALL SUB

G,H,S

VEGETABLE
CURRY WITH
RICE, SALAD
AND NAAN
BREAD

VE,V,G,H

VEGETABLE
RAVIOLI WITH
FRESH SALAD &
GARLIC BREAD

G,V,VE,H

NEW
POTATOES

GARDEN PEAS

JELLY & FRUIT

H/V/VE

WED

CHICKEN &
VEGETABLE
CASSEROLE

H

QUORN &
VEGETABLE
CASSEROLE

V,VE,H

TOMATO AND
BASIL PASTA
WITH FRESH
SALAD AND
GARLIC BREAD

G,H,V,VE

YORKSHIRE
PUDDING AND
MASHED
POTATO

G,D,E,H,V

CHOCOLATE
ICE CREAM TUB

H,V,D

THU

BEEF LASAGNE
WITH GARLIC
BREAD

H,G,D

COLD CHEESE
AND PEPPER
PASTA SALAD

G,H,D,V

CHICKEN TIKKA
PANINI

H,G,E

FRESH SALAD

APPLE PIE
WITH
CINNAMON
SUGAR AND
FRESH
CUSTARD

H,G,E,D

FRI

SALMON FISH
CAKE

G,H,F,D

CHEESE PASTY

G,H,D,V,M

MINI ONION
BHARI NAAN
WRAP WITH
FRESH SALAD
AND MINT
YOGURT

G,H,V,E,D

CHIPS

SPAGHETTI
HOOPS

BLUEBERRY
MUFFIN

G,E,S,H,V

DIETARY /INGREDIENTS KEY

G - GLUTEN INCLUDED

H - HALAL

V - VEGETARIAN

VE - VEGAN

D - DAIRY INCLUDED

C - CELERY INCLUDED

E - EGG INCLUDED

F - FISH INCLUDED

P - PORK INCLUDED

S - SUPHLITES INCLUDED

M - MUSTARD INCLUDED

YOGURTS, RAISINS AND FRESH FRUIT WILL BE AVAILABLE AT THE COUNTER AS AN ALTERNATIVE TO THE PLANNED DESSERTS.