

WEEK 3

MEATY OPTION

VEGGIE OPTION

LIGHT OPTION

SIDES

DESSERT

MON

PEPPERONI PIZZA
H,G,D

MARGARITA PIZZA
H,V,D,G

VEGAN SAUSAGE ROLL
G,H,VE,V

FRESH SALAD
HOMEMADE POTATO WEDGES

HOMEMADE CORNFLAKE TART AND FRESH CUSTARD
H,V,D,G

TUE

MILD CHILLI BEEF TACOS
H

VEGAN BOLOGNESE PASTA AND GARLIC BREAD
G,H,VE,V

VEGAN MEATBALL PASTA
SOY, G,V,H,VE

FRESH SALAD

HOMEMADE CRISPY CAKE
G,V,VE,H

WED

ROAST CHICKEN BREAST WITH YORKSHIRE PUDDING
H,D,E,G

ROAST QUORN FILLET WITH YORKSHIRE PUDDING
H,V,D,E,G

JACKET POTATO WITH GRATED CHEESE
H,V,D

CARROTS
SWEDE
NEW POTATOES
GRAVY

STRAWBERRY ICE CREAM TUB
D,H,V

THU

CHICKEN TIKKA CURRY WITH RICE & NAAN BREAD
H,G,D

TOMATO AND BASIL PASTA WITH GARLIC BREAD
G,V,VE,H

CHEESE OMLLETTE WITH NEW POTATOES
H,E,D,V

FRESH SALAD

HOMEMADE PEACH CRUMBLE WITH FRESH CUSTARD
G,H,V

FRI

BREADED FISH STAR
H,G,F

MAC N CHEESE WITH GARLIC BREAD
G,H,V,D

COLD SWEET CHILLI CHICKEN BREAST WRAP WITH FRESH SALAD
H,G

CHIPS
SPAGHETTI HOOPS

MINI CHOCOLATE MUFFIN
G,D,V,H,SOY

DIETARY /INGREDIENTS KEY

G - GLUTEN INCLUDED
H - HALAL
V - VEGETARIAN
VE - VEGAN
D - DAIRY INCLUDED

C - CELERY INCLUDED
E - EGG INCLUDED
F - FISH INCLUDED
P - PORK INCLUDED
S - SUPHLITES INCLUDED

YOGURTS, RAISINS AND FRESH FRUIT WILL BE AVAILABLE AT THE COUNTER AS AN ALTERNATIVE TO THE PLANNED DESSERTS.